Candid Cycle's free personal reviews

With Candid Cycle's free personal reviews, you can work through a structured review of your own work, turn what you learn into actions, and export the completed review as a PDF - without a team subscription.

Feature	What it lets you do
Guided reflection	Record the context, strengths, areas for improvement and key learnings.
Supporting evidence	Capture examples that explain what happened and support your conclusions.
Categories and priorities	Organise your observations and indicate what needs attention first.
Follow-up actions	Record actions with an owner and target date.
Drafts	Save an unfinished review and return to it later.
PDF export	Produce a clean copy of your completed review to keep or share.
Optional AI assistance	Get suggestions for sharper, more specific wording.

The structured workflow lends itself to:

- Reviewing a completed project or client assignment.
- Reflecting on a meeting, presentation or difficult piece of work.
- Recording lessons aer an event or exercise.
- Preparing your own contribution to a performance or development conversation.
- Running a regular personal review of what to keep doing and what to change.

For example, after a client presentation, you could record that the recommendations landed well, note that the discussion ran over time, identify insufficient rehearsal as a contributing factor, and set an action to rehearse the next presentation against a timed agenda. That illustrates the app's context → reflection → learning → action structure.

The distinction is individual reflection versus a team feedback cycle:

- Free: you write your own review and export your completed personal-review PDF.
- Paid: you run a cycle that gathers anonymous contributions from other people and produces a consolidated report. That team report is drafted with AI, reviewed by a person and emailed as a PDF.

So the free version is useful in its own right - not merely a preview - but its personal PDF should not be confused with the paid,consolidated team report.





CANDID CYCLE

Structured debriefs and anonymous team reviews.

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